

Memory Game

Good for all ages

There are many benefits to playing memory games with our children.
Some of the benefits include:



Improving
concentration



Trains
visual memory



Increases
short-term memory



Increases
attention to detail

Materials

- Tray or plate.
- 10 - 20 small items (eraser, pencil, coin, marble). Get creative.
- Cloth or towel to cover the tray.
- Paper and pencils to write down what you remember.

What to do

1. Put 10 to 20 objects on the tray/plate (add more if you want a bigger challenge).
2. Look at the items and try to remember as many as possible in one minute.
3. Cover them with a towel or cloth.
4. Write down all the items that you can remember.



BRAIN
wave

This Virtual Program activity is brought to you
by our BrainWAVE program

